

Extreme Tumbling	CURRENT CLASS SCHEDULE		
965 Patrick Industrial Cour	www.extremegymwinder.com		
Winder, GA 30680	**Stay Tuned to our Website for CLOSING DATES & HOLIDAYS**		
Office: 678-910-2227	REGISTER for classes online! Click the Schedule A Class tab!		
	VIEW our MEMBER POLICIES PAGE on our website for PRICES & HOLIDAYS		

MONDAY CLASSES			
Time	Class Name	Ages	Coach
4:30-5:15	Handspringer	4-5 yrs	Kylee
4:30-5:30	Silver 2	10+ yrs	Tiffany
4:30-5:30	Jr Advanced	6-10 yrs	Reagan
4:30-5:30	Ninja Jr	4-6 yrs	McKenzie
5:30-6:15	Upsidedowner	3-4 yrs	Sarah
5:30-6:30	Jr Tumble	5-9 yrs	AJ
5:30-6:30	Jr Advanced	6-10 yrs	Reagan
5:30-6:30	Ninja Kids	6-10 yrs	McKenzie
5:30-6:30	Silver 1	10+ yrs	Kylee
5:30-7	IGNITE Y1	LA Team	Tiffany/Liz
6:15-7:30	Stunt Class-Adv	10+	Jonathan
6:15-7:15	Jr Tumble	5-9 yrs	Sarah
6:30-7:15	Handspringer	4-5 yrs	Skylar
6:30-7:30	Ninja Kids	6-10 yrs	McKenzie
6:30-7:30	Gold 3	10+ yrs	Katie
6:30-8	INSANITY Y2	LA Team	Tiffany/Liz
6:30-8	INSPIRE PREP	LA Team	AJ/Reagan
7:00-8:15	IDOL (Barrow Rec)	LA Team	Brynna/Sarah
7:30-8:30	Team Tumble L2	LA Teams	Kylee/Jonathan
7:45-8:45	Krav Maga	18+	Gina

WEDNESDAY CLASSES			
Time	Class Name	Ages	Coach
4:30-5:15	Handspringer	4-5 yrs	AJ
4:30-5:30	Ninja Jr	4-6 yrs	Sarah
4:30-5:30	Jr Tumble	5-9 yrs	Skylar
5:00-6:00	Silver 1	10+ yrs	Reagan
5:30-7	INFERNO J3	LA Team	Tiffany/Kylee
5:30-6:15	Parent & Tot	12mths-3yrs	AJ
5:30-6:15	Handspringer	4-5 yrs	McKenzie
5:30-6:30	Jr Advanced	6-10 yrs	Skylar
5:30-6:30	XMA Jr	6-10 yrs	Donovan
6:15-7:15	Team Tumble L1	LA Team	Reagan/Liz
6:15-7:15	Gymnastics 2	10+ yrs	AJ
6:30-7:15	Handspringer	4-5 yrs	Skylar
6:30-7:30	Ninja Kids	6-10 yrs	Donovan
6:45-7:30	INCREDIBLES	LA Team	Kylee
7:00-8:30	ICON S4	LA Team	Tiffany/Liz
7:15-8:15	Jr Tumble	5-9 yrs	Reagan
7:15-8:15	Silver 2	10+ yrs	AJ
7:30-8:30	Adult Tumble	16+	Kylee

TUESDAY CLASSES			
Time	Class Name	Ages	Coach
4:30-5:30	Jr Tumble	5-9 yrs	Sarah
4:30-5:30	Silver 1	10+	Reagan
4:30-5:30	XMA Jr	6-9 yrs	AJ
4:45-5:30	Flippers T&T	4-6 yrs	Skylar
5:30-7	T&T Team	LA Team	Katie/McKenzie
5:30-6:30	Jr Tumble	6-9 yrs	Sarah
5:30-6:30	Ninja Jr	4-6 yrs	Donovan
5:30-6:30	Twister T&T	6-12 yrs	Skylar
5:30-6:30	Gold 3	10+ yrs	Reagan
5:30-6:30	Advanced 5	10+ yrs	Jonathan
5:30-6:30	Team Tumble L3	La Team	Tiffany
5:30-6:15	Upsidedowner	3-4 yrs	AJ
6:15-7:15	Jr Advanced	6-10 yrs	AJ
6:30-7:30	XMA Sr	10+ yrs	Donovan
6:30-7:30	Jr Advanced	6-10 yrs	Skylar
6:30-7:15	Handspringer	4-5 yrs	Sarah
6:30-7:30	Team Tumble L2	LA Team	Tiffany
6:30-8	INTEGRITY Prep	LA Team	Kylee/Reagan
7:00-8:30	INTENSITY U17	LA Team	Tiffany/Sarah
7:30-8:30	Silver 1	10+ yrs	AJ

THURSDAY CLASSES			
Time	Class Name	Ages	Coach
4:15-5:00	Parent & Tot	12mths-3yrs	AJ
5:00-6:00	Jr Advanced	6-10 yrs	Skylar
5:15-6:15	Jr Tumble	5-9 yrs	AJ
5:15-6:30	STUNT CLASS	6+	Jonathan
5:30-6:15	Upsidedowner	3-4 yrs	Sarah
5:30-6:30	Silver 2	10+	Reagan
5:30-6:30	Ninja Jr	4-6 yrs	Donovan
5:30-7	T&T Team	LA Team	Tiffany/Katie
6:00-7:00	Gymnastics 1	6-10 yrs	Skylar
6:15-7:00	Handspringer	4-5 yrs	Sarah
6:30-7:30	Jr Tumble	5-9 yrs	AJ
6:30-7:30	Silver 1	10+ yrs	Reagan
6:30-7:30	XMA Sr	10+ yrs	Donovan
6:30-7:30	Team Tumble L4	LA Team	Jonathan
7:00-8:30	INTENSITY U17	LA Team	Liz/Tiffany
7:30-8:30	Gold 3	10+ yrs	Katie
7:45-8:45	Krav Maga	18+ yrs	Gina

OPEN GYM FRIDAY NIGHTS: 6:30-8 \$10 for members

Book your Birthday Party with us! \$125 to reserve the gym!

GYM CLOSED November 22-26 for THANKSGIVING!